



ARIZONA STATE BOARD OF PHYSICAL THERAPY

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**Dry Needling Standards of Education and Training
Submission Cover Sheet**

Name: _____ License No. _____

Mailing Address: _____

City _____ State _____ Zip _____

Telephone Number (_____) _____ E-mail Address _____

This cover sheet is provided for the purpose of submitting documentation of meeting the requirements of A.A.C. R4-24-313 Professional Standards of Care and Training and Education Qualifications for Delivery of Dry Needling Skilled Intervention.

The documentation you provide must demonstrate completion of the following requirements:

- 1. The course content shall be approved by one or more of the following entities prior to the course(s) being completed by the physical therapist.
 - a. Commission On Accreditation In Physical Therapy Education,
 - b. American Physical Therapy Association,
 - c. State Chapters Of The American Physical Therapy Association,
 - d. Specialty Groups Of The American Physical Therapy Association, or
 - e. The Federation of State Boards Of Physical Therapy.

- 2. The course content shall include the following components of education and training:
 - a. Sterile needle procedures to include one of the following standards:
 - i. The U.S. Centers For Disease Control And Prevention, or
 - ii. The U.S. Occupational Safety And Health Administration
 - b. Anatomical Review,
 - c. Blood Borne Pathogens
 - d. Contraindications and indications for "dry needling".

- 3. The course content required shall include, but is not limited to, passing of both a written examination and practical examination before completion of the course content. Practice application course content and examinations shall be done in person to meet the qualifications of paragraph C.

- 4. The course content required in paragraph (c) of this subsection shall total a minimum of 24 contact hours of education.

I do hereby swear and affirm that the foregoing statements contained in this registration are true and correct.

Signature

Date